

**First-of-its-kind destination launches,  
giving parents the power to find best apps for their kids**  
TikalBayTek, Inc. of San Jose, California is a proud member

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TikalBayTek, Inc. is proud to be a part of Moms With Apps – the first destination that makes finding great kid apps easy. The site, which launches today, has 1000 high quality apps from trustworthy developers and gives parents simple tools to find the right ones for their kids.

TikalBayTek, Inc. can be found on the new site at <https://momswithapps.com/tikalbaytek> TikalBayTek's Founder and CEO, Yvette Tazeau, says, "We're proud to be a member of Moms With Apps. We know first-hand how challenging it is to choose the best and most appropriate apps. This new site gives parents and teachers the power to make the best choices for their kids."

Moms With Apps is designed, from the ground up, by parents for parents. It starts with a tightly curated set of high quality kids' apps from developers who are passionate about creating amazing apps for kids. Moms With Apps then gives parents simple tools to find the right apps for their kids by age range, subject matter, privacy settings, and even whether the app works without an Internet connection.

Moms With Apps showcases apps from hundreds of top app developers. Just like nutrition labels help parents decide which snack is right for their kids, Moms With Apps also provides parents with information – in plain English – to help them decide which app is right for their kids.

TikalBayTek's CBT\*ABC way apps are Cognitive-Behavioral Therapy (CBT) mobile Thought Records (A/Antecedent, B/Belief, C/Consequence). We have versions for kids, teens, and adults. Kids and their parents, as well as their counselors and therapists, use our apps in and outside of treatment to practice and bolster the CBT learning that is done in sessions. TikalBayTek's apps are available in English and Spanish - with other languages on the way. Our apps have been featured by the American Psychological Association (APA) in the Monitor on Psychology.

CBT is an Evidence-Based Practice (EBP), i.e., a science-based treatment used by mental health professionals and their clients. The apps help people identify and challenge negative thoughts and feelings (worry, sadness, anger, etc.), such as associated with anxiety, depression, and other mental health conditions. Kids with Autism, ADHD, OCD, hair-pulling, skin-picking, and other conditions are also helped with CBT.

"With over one million apps to choose from, parents struggle to find the right apps for their family and find it even harder to know if the app their kid loves is one they can trust," says Sara Kloek, director of Moms With Apps. "We are thrilled to announce the launch of Moms With Apps, the only resource for parents who want to find great, trustworthy apps for their children."

***About TikalBayTek, Inc.***

TikalBayTek, Inc. is a Behavioral Sciences-based mobile technology and consulting company located in the San Francisco Bay Area. We create multilingual mobile technology applications for the Apple iOS platform. Our products include apps for healthcare, education, and organizational learning clients. We are proud to be one of the earlier adopters of Moms with Apps' privacy guidelines! Please visit [TikalBayTek.com](http://TikalBayTek.com) for more information about us, and follow us on Twitter @TikalBayTek

***About Moms With Apps***

Founded by parents, Moms With Apps makes it simple and easy to choose the right apps for your child. Moms With Apps only features developers who commit to our high standards for protecting kids' privacy and building great family-friendly apps. We make it quick and easy to 'Know What's Inside' every app we feature so that parents can decide if it is right for their kids. For more information, please visit [momswithapps.com](http://momswithapps.com) also on Twitter @momswithapps and #momswithapps